

# Black Hawk County Resources

Updated Spring 2018

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## Addiction Treatment Services

### **Pathways Behavioral Services**

Address: 3362 University Ave, Waterloo, IA 50701

Phone: 319 235 6571

Hours: Monday-Thursday 7am-5pm, Friday 7am-Noon

Website: <http://pathwaysb.org>

Description: The mental health center clinical staff is comprised of psychiatrists, nurse practitioners, clinical social workers, and mental health counselors. Each provide a wide range of mental health services; including individual family marital counseling, school based programming, medication management and 24-hour emergency service.

### **Horizons Family Centered Recovery Program**

2101 Kimball Ave, Waterloo, IA 50702

Phone: 319 272 2873

Website: <http://www.horizonsfamily.org/>

Description: An appointment is required.

## Assisting for Aging Adults

### **AARP Foundation Worksearch- Senior Employment**

Address: 223 E 4th St., Waterloo, IA 50703

Phone: 319 234 0206

Hours: Monday-Friday 8am-4pm

Website: [www.aarpworksearch.org](http://www.aarpworksearch.org)

Description: Provides employment assistance to older job seekers that are age 55+. Services include skills assessment, paid training opportunities, job search assistance, and community referrals. Walk-ins accepted, must be unemployed, 55 or older, and at poverty level.

### **Newel Post Senior Adult Day Services and Respite**

Address: 1108 Tiffany Place, Waterloo, IA 50701

Phone: 319 234 1391

Hours: Monday-Friday 8am-4pm

Description: Provides day services for those that have special needs. Referrals are placed onto a waiting list. A health assessment and additional paperwork is required for approval.

### **Northeast Iowa Area Agency on Aging (Lifelong Links)**

Address: 2101 Kimball Ave #320, Waterloo, IA 50702

Phone: 866 468 7887

Hours: Monday-Friday 8-4:30

Website: <http://www.nei3a.org>

Description: Provides services to those that are legally disabled or over 60. Call to apply for services, gather intake information, or inquire about follow ups.

### **Retired & Senior Volunteer Program**

Address: 2101 Kimball Ave #121, Waterloo, IA 50702

Phone: 319 272 2250

Hours: Call for hours of operation per location and/or to schedule an appointment.

Website: [www.rsvpserves.com](http://www.rsvpserves.com)

Description: Services provided to engage those that are 55 or older with volunteering, tax programs, SHIP Services that assist with healthcare information (Medicare & Medicaid).

### **YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: Provides ageing fitness classes, and knowing your numbers.

## Behavioral and Mental Health

### **Black Hawk Grundy Mental Health Center**

Address: 3251 West 9th St., Waterloo, IA 50702

Phone: 319 234 2893 or 1 800 583 1526

Hours: Monday-Friday 8am-5pm

Website: [www.bhgmhc.com](http://www.bhgmhc.com)

Description: Mental health access program that provides information, referral, assessment, admission, case management, insurance verification, and easy access to mental health services both public and private. Call to schedule an appointment.

### **Catholic Charities**

Address: 2101 Kimball Ave (Suite 138), Waterloo, IA 50702

Phone: 319 272 2080

Hours: By appointment

Website: <http://www.catholiccharitiesdubuque.org/catholic-charities-services/>

Description: General counseling for families & individuals, marriage counseling, and individual counseling for adults and adolescents. Counseling is also offered for anxiety, depression, stress reduction, etc.

### **Bremwood Residential Treatment Center**

Address: 106 16th St SW P.O. Box 848, Waverly, IA 50677

Phone: 319 352 2630

### **Families First Counseling Services**

Address: 111 Plaza Circle, Waterloo, IA 50701

Phone: 319 433 0395

Hours: Monday-Friday 8am-4:30pm

Website: <https://www.families-first.net>

Description: Offers an in-home service to individuals with title 19 insurance (Iowa Medical Card). These services are designed to help individuals, children and adults, develop and enhance the skills needed to assist them as they cope with the day to day events.

### **Four Oaks**

Address: 128 S. Barclay St., Waterloo, IA 50703

Phone: 319 233 5695

Website: <http://www.fouroaks.org/>

Description: Provides Behavioral Health Services, Family Connections, Foster Group Care Services, Functional Family Therapy, Iowa Aftercare Program, Integrated Health Home, Partnership for Safe Families, Safety and Permanency Services, Supervised Community Treatment, School-Based Programming.

### **Lutheran Services in Iowa (LSI)**

Address: 904 West 4th St., Waterloo, IA 50702

Phone: 319 233 3579

Website: <http://lslowa.org>

Description: Provides a variety of services including: Behavioral Health Intervention Services, Community Programs, Early Childhood, Family Safety Risk and Permanency, Foster Care and

Adoption, Mental Health Services, Pediatric Integrated Health, Refugee Community Services, Residential Treatment, and Services for people with disabilities.

**NAMI (National Alliance on Mental Illness) of Black Hawk County**

Phone: 319-235-5263

Description: Provides advocacy, education, and mutual support through; free classes, support groups, and educational programs. Working with those affected by mental illness, including those that have mental illness in their partner or family members. To receive the bi-monthly newsletter-which includes a calendar of programs and services being provided, contact [namibh@qwestoffice.net](mailto:namibh@qwestoffice.net)

**Pathways Behavioral Services**

Address: 3362 University Ave, Waterloo, IA 50701

Phone: 319 235 6571

Hours: Monday-Thursday 7am-5pm, Friday 7am-12pm

Website: <http://pathwaysb.org>

Description: Description: The mental health center clinical staff is comprised of psychiatrists, nurse practitioners, clinical social workers, and mental health counselors. Each provide a wide range of mental health services; including individual family marital counseling, school based programming, medication management and 24-hour emergency service.

## Child Care Assistance

### **Black Hawk County Department of Human Services**

Address: 1407 Independence Ave #2, Waterloo, IA 50703

Phone: 319 291 2441

Hours: Monday-Friday 8am-4:30pm

Website: <http://dhs.iowa.gov/childcare>

Description: Child care services are provided to those participating in activities approved under the Promise Jobs Program, and those who receive FIP Assistance.

### **Child Care for Families Resource & Referral (CCF&R)**

Address: 3675 University Ave, Waterloo, IA 50701

Phone: 1 800 475 0804

Website: [www.lowaccrr.org](http://www.lowaccrr.org)

Hours: Monday- Friday 8-4:30pm

Description: CCR&R is available to assist families in selecting child care providers who best meet the needs of a child and their family.

### **Love INC. of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613

Phone: 319 266 1264

Clearing House Hours: Monday-Friday 9am-12pm

Website: <http://loveinccv.org>

### **YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: Provides childcare for a fee, for those of low or inadequate incomes scholarships apply. Before and after school programs are available. These programs reside in their schools. Provides programs that include: Summer Days, is an all-day program for children, at two different locations throughout the summer this is affordable with a discount for low income families that qualify. Family Services provides a free of charge program for junior high school girls, focusing on mentoring, education, and college opportunities. Summer Girls program, a small fee is required, for junior high girls which is a half day program that focuses on education, mentoring, and financial literacy. YPP is a program for young parents, ages 19 and under, that focuses on financial literacy, healthy parenting, purchasing items, and understanding supports. PASS is a program for parents between the ages of 19 and 30, it is free and provides childcare, transportation, and a meal; this program focuses on financial literacy and healthy parenting, college issues-including furthering education, and pushing independence.

## Clothing & Household Furniture

### **Black Hawk County Community Services**

Address: 1407 Independence Ave #2 (2nd Floor), Waterloo, IA 50703

Phone: 319 291 2624

Hours: Monday-Friday 8-4:30pm

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

Description: Referrals for clothing will be made to local agencies and organizations to meet the basic needs for clothing for Black Hawk County residents.

### **Eye of the Needle**

Address 522 Mulberry St., Waterloo, IA 50704

Phone: 319 215 6151

Hours: Leave a message to make an appointment

Description: Provides clothing for newborns to adults, uniforms are also available for work and school. Household items, furniture, and linens are also provided. Source of income required for laundry vouchers.

### **Love INC of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613

Phone: 319 266 1264

Clearing House Hours: Monday-Friday 9am-12pm

Website: <http://loveinccv.org>

### **Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Hours: Monday-Friday 9-5pm

Social Service Hours: Monday-Friday 9-11:30am

Website: <http://www.svdpusa.org/>

Description: Provides assistance with furniture and clothing. Also assists with gas voucher, medication and rental assistance. For all vouchers besides clothing, the individual or family must request services between 9 and 11:30am.

### **The Salvation Army**

Address 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Hours: Monday-Friday 9-11am

Clothing: Assistance with clothing is provided for those that are facing a homelessness crisis, recently released from a residential facility, or experienced a disaster. Walk-Ins between 9-11am must have Social Security Cards for all members, Photo ID. Service request document will be fill out (intake form), meet with Emergency Services Coordinator at which point approved participants will be given a voucher fulfilled by The Salvation Army Thrift Store.

## Community Meals

### **Apostolic Pentecostal Church**

Address: 1645 Downing Ave., Waterloo, IA 50701

Phone: 319 234 2920

Website: [www.apcwaterloo.com](http://www.apcwaterloo.com)

Meal: Last Thursday of the month 5-6pm

### **Cedar Falls Community Meals**

Address: 723 Washington St., Cedar Falls, IA 50613

Phone: 319 266 1713

Meal: 2nd Tuesday of the month from 4:30-6pm

### **Cedar Valley Hospitality House**

Address: 1003 Mulberry St., Waterloo, IA 50703

Phone: 319 234 1311

Meal: Lunch is provided at 11:30am-12:30 each day. Saturday 5-6pm

A Meal is provided at 220 E 4th St. Waterloo IA 50703 on Fridays from 5-6:30pm

Description: Food is available between 9am-4pm. Other services include: laundry, shower and computer use.

### **Christian Fellowship Baptist Church Pantry**

Address: 930 W 4th St., Waterloo, IA 50702

Phone: 319 232 2018

Pantry: 3rd Wednesday of each month from 5-6:30pm

### **Dinner with Neighbors - First UMC**

Address: 614 Randolph St., Waterloo, IA 50702

Phone: 319 235 7088

Website: <http://waterloofirst.org>

Meal: 3rd Wednesday of the month from 5-6pm

### **First Baptist Church**

Address: 434 Baltimore St., Waterloo, IA 50701

Phone: 319 234 1537

Meal: Last Wednesday of each month from 4:30-6pm

### **Harvest Vineyard Church Meal**

Address: 715 E 4th St., Waterloo, IA 50703

Phone: 319 287 5711

Website: [www.waterlooharvestvineyard.wordpress.com](http://www.waterlooharvestvineyard.wordpress.com)

Meal: Every other Saturday 9am-11am

### **Jesse Cosby Neighborhood Center: Senior Services**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-3pm

Website: [www.jessecosby.org](http://www.jessecosby.org)



Description: Senior congregate. Home delivered meals are provided based on income and circumstances (Monday-Friday).

**Kimball Ave. United Methodist Church**

Address: 1207 Kimball Ave, Waterloo, IA 50702

Phone: 319 232 4103

Meal: Every Monday night from 4:30-6pm

**Open Bible Church Meal**

Address: 928 Jefferson St., Waterloo, IA 50703

Phone: 319 235 6765

Website: [www.obcwaterloo.com](http://www.obcwaterloo.com)

Meal: \$1 dinner, Wednesdays at 6pm

**Queen of Peace**

Address: 320 Mulberry St., Waterloo, IA 50703

Phone: 319 234 6744

Meal: Tuesdays from 4:30-6pm

**The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

Meal: Monday-Friday from 11:30-12:30pm

Pantry: Call for schedule

**St. Luke's Episcopal Church**

Address: 2410 Melrose Dr., Cedar Falls, IA 50613

Phone: 319 277 8520

Website: <http://stlukescf.org>

Pantry & Meal: 3rd Sunday of Month 5-6pm

**St. Paul's UMC Meal**

Address: 207 W. Louise St., Waterloo, IA 50704

Phone: 319 232 4790

Website: [www.stpaulsumcwaterloo.com](http://www.stpaulsumcwaterloo.com)

Meal: 1st Wednesday night of the month from 5-6pm

**Trinity American Lutheran Church**

Address: 605 W. 4th St., Waterloo, IA 50702

Phone: 319 235 6269

Website: [www.trinitywaterloo.org](http://www.trinitywaterloo.org)

Meal: 2nd Wednesday of the month from 4:30-6pm

Pantry: Call or set up an appointment.

**Westminster Presbyterian Church Community Meal**

Address: 1301 Kimball Ave, Waterloo, IA 50702

Phone: 319 234 5501

Meal: 1st Saturday of the month from 8-9am



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## Emergency Lodging & Shelter

### **Amani Community Services**

Phone: 319 232 5660

Description: Amani Community Services is a culturally specific domestic violence and sexual assault agency serving African Americans in Black Hawk County.

### **Catholic Worker House**

Address: 321 8th St., Waterloo, IA 50704

Phone: 319 232 2116

Hours: Monday-Friday 4pm-9am

Website: [www.catholicworker.org](http://www.catholicworker.org)

### **Cedar Valley Hospitality House**

Address: 1003 Mulberry St., Waterloo, IA 50703

Phone: 319 234 1311

Hours: Monday-Sunday 9am-4pm

Website: [www.cvhospitalityhouse.org](http://www.cvhospitalityhouse.org)

Description: Daytime homeless shelter- provides breakfast, lunch, shower facilities, computer and phone access, free clothes, agency advocacy, and light meal on weekends.

### **Friends of the Family: Emergency Safe Shelter**

Address: PO Box 784, Waverly, IA 50677

Phone: 319 352 1108 or Crisis line: 1 800 410 7233

Hours: Monday-Friday 8am-4:30pm, Crisis Line: 24/7

Website: [www.fofia.org](http://www.fofia.org)

Description: Women and children fleeing domestic or sexual violence are eligible for up to 30 days in Friends' House Emergency Shelter. Those staying in Friends' House receive crisis counseling, safety planning, case management, and other supportive services.

### **The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

Description: The Salvation Army provides emergency shelter for those in crisis. Bed availability varies daily. The Women & Children's shelter is located at 603 S. Hackett Waterloo. The Men's Shelter is located at 149 Argyle St, Waterloo (behind the Main office).

## Employment Assistance

### **AARP Foundation Worksearch - Senior Employment**

Address: 223 E 4th St., Waterloo, IA 50703

Phone: 319 234 0206

Hours: Monday-Friday 8am-4pm

Website: [www.aarpworksearch.org](http://www.aarpworksearch.org)

Description: Provides employment assistance to older job seekers 55+. Services include skill assessment, paid training opportunities, job search assistance, and community referrals. Walk-ins accepted, must be unemployed, 55 or older, and at poverty level.

### **Black Hawk Department of Human Services**

Address: 1407 Independence Ave (2nd Floor), Waterloo, IA 50703

Phone: 319 291 2441

Hours: Monday-Friday 8-4:30pm

Website: <http://dhs.iowa.gov/node/1883>

### **Eastside Ministerial Alliance: Iowa Career Access Point (ICAP)**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Monday-Thursday 9am-5pm, Friday 9a-3p

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Provides computer usage to those who need to search & apply for jobs online. Also offer resume assistance & information about filing for unemployment claims.

### **Cedar Valley Hospitality House**

Address: 1003 Mulberry St., Waterloo, IA 50703

Phone: 319 234 1311

Hours: Monday-Friday 9am-4pm

Description: Provides work space for those in need of a computer in search of jobs. Other services provided are: laundry, shower food is available during business hours.

### **Cedar Valley IowaWORKS Center**

Address: 3420 University Ave, Waterloo, 50701

Phone: 319 235 2123

Hours: Monday, Tuesday, Thursday, & Friday 8:30am-4:30pm, Wednesday 9am-4:30pm

Website: [www.iowaworkforce.org/region7/waterloo.htm](http://www.iowaworkforce.org/region7/waterloo.htm)

Description: Skills Development Area, Unemployment Insurance, Promise Jobs, Reemployment Services, Work Permits, Veterans Services, National Career Readiness Certificate (NCRC) & Workforce Investment Act Services.

### **Iowa Vocational Rehabilitation Services**

Address: 3420 University Ave (Suite D), Waterloo, IA 50701

Phone: 319 234 0319

Hours: Monday-Friday 8am-4:30pm

Website: [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

Description: Provides vocational services to individuals with disabilities. Schedule an appointment for services or more information.

**Jesse Cosby Neighborhood Center: Employment Preparation & Placement**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: Employment preparation and placement services for formerly incarcerated persons, for low income, or those seeking to improve their skills/experience. Be Strong Program is a 15 week course that provides parent education, budgeting classes, and a support group, participants can be paid based on attendance at the end of the program.

**YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: The multicultural program provides free English classes, ranging in level from beginner to engaging in conversations, childcare and transportation is available; a translator is also available for support in employment issues and case management.

## Family & Individual Programs

### **Alternatives Pregnancy Center**

Address: 1006 Decathlon Dr., Waterloo, IA 50701

Phone: 319 535 2720

Hours: Monday, Wednesday, & Thursdays 9am-5pm, Tuesdays 9am-6pm

Website: [www.alternativescenter.org](http://www.alternativescenter.org)

### **Bremwood Residential Treatment Center**

Address: 106 16th St., SW, Waverly, IA

Phone: 319 859 3547

Office Hours: 9-5pm

Website: <http://lsiowa.org/residential/bremwood/>

### **Eastside Ministerial Alliance: A.S.S.E.T.S. (Achieving Self-Sufficiency & Excellence Through Support)**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Monday-Thursday 9am-5p, Friday 9a-3p

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Helps families break the cycle of poverty by developing life-skills to achieve self-sufficiency. The program strives to promote economic stability, education/career development, and psychological health stabilization to help families overcome behaviors that perpetuate generational poverty.

### **Family Children's Council (FCC)**

Address: 2051 Kimball Ave, Waterloo, IA 50702

Phone: 319 234 7600

Website: <http://www.fccouncil.net/>

### **Four Oaks**

Address: 140 S. Barclay, Waterloo, IA 50703

Phone: 319 233 5695

Website: <http://www.fouroaks.org/>

Description: Provides Behavioral Health Services, Family Connections, Foster Group Care Services, Functional Family Therapy, Iowa Aftercare Program, Integrated Health Home, Partnership for Safe Families, Safety and Permanency Services, Supervised Community Treatment, School-Based Programming, and Sexual Abuse Treatment Program.

### **House Christian Community Development: House of Hope**

Address: 306 Walnut St., Waterloo, IA 50703

Phone: 319 232 3823

Website: [www.houseofhopeccd.org](http://www.houseofhopeccd.org)

Description: Christian based two year transitional housing program for single mothers experiencing homelessness. Providing support and individualized case management to each of the women to help them identify the steps necessary to achieve a safe, stable, and secure home for themselves & their children.

### **Love INC of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613  
Phone: 319 266 1264  
Clearing House Hours: Monday, Wednesday, Friday 9am-12pm  
Website: <http://loveinccv.org>

### **Lutheran Services in Iowa (LSI)**

Address: 904 West 4th St., Waterloo, IA 50702  
Phone: 319 233 3579  
Website: <http://lslowa.org>

Description: Provides a variety of services including: Behavioral Health Intervention Services, Community Programs, Early Childhood, Family Safety Risk and Permanency, Foster Care and Adoption, Mental Health Services, Pediatric Integrated Health, Refugee Community Services, Residential Treatment, and Services for People with disabilities.

### **Jesse Cosby Neighborhood Center**

Address: 1112 Mobile St., Waterloo, IA 50703  
Phone: 319 234 1793  
Hours: Monday- Friday 8-4:30pm  
Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: For Youth: Ages 13-16 can register and get paid for work at agencies and learn about financial literacy. For Adults and Families: Be Strong Program is a 15 week course that provides parent education, budgeting classes, and a support group, participants can be paid based on attendance at the end of the program. VOCA Program assists victims of crime, with deposit, rental, and utilities assistance. Senior meal program offers home delivered meals Monday through Friday.

### **Lutheran Services in Iowa (LSI)**

Address: 904 West 4th St., Waterloo, IA 50702  
Phone: 319 233 3579  
Website: <http://lslowa.org>

### **North Star Community Services**

Address: 3420 University Ave, Waterloo, IA 50701  
Phone: 319 236 0901  
Website: <http://northstarcs.org/main/page.asp?NavID=10>

Description: Provides day services for those that have special needs. Referrals are placed onto a waiting list, a health assessment and additional paperwork must be completed for approval.

### **Operation Threshold: Family Development & Self-Sufficiency Program (FaDSS)**

Address: 1535 Lafayette St., Waterloo, IA 50703  
Phone: 319 291 2065  
Hours: Monday-Thursday 8am-5:30pm, Friday: 8am-Noon  
Website: <http://www.operationthreshold.org/programs/blackhawk/wlc/>

Description: An intensive, voluntary, one-on-one case management program to assist families with transitioning from welfare to work. The program assists families through intensive case management including home visits, support, assessment, and goal setting. Operation Threshold also provides a program for low income pregnant, postpartum women, or parents with infants up to the age of 4.

### **Planned Parenthood**

Address 2520 Melrose Drive Suite L, Cedar Falls, IA 50613

Phone: 877 811 7526

Website: <https://www.plannedparenthood.org/health-center/iowa/cedar-falls/50613/cedar-falls-center-2866-90380>

Description: Provides family planning services that include: STI/STD checks for men and women, birth control information visits and all methods of family planning, referrals are given out for cancer screenings and mammograms, adult and children education classes on a variety of topics they are facing. Planned Parenthood also offers consultations for adults or families such as Safe Touch, sexual awareness, birth control, safe sex, and sex education.

### **The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

Description: The Salvation Army's Pathway of Hope initiative serves as an intercessory program for families in poverty, helping break the cycle of generational poverty through an intense, strengths-based, comprehensive approach that acknowledges and addresses the different forms poverty takes. Participants become active partners in the service-provision process, engaging in their need resolution in a way that builds skills, confidence, and new ways of identifying and addressing issues.

### **Tri County Child and Family Development Council, Inc.**

Address: 205 Adams St. Suite 2, Waterloo, IA 50703

Phone: 319 235 0383

Website: [www.tricountychildandfamily.org/](http://www.tricountychildandfamily.org/)

Description: Provides before and after school programs, preschool for both center and at home. Provides year-round and school-year programs, prenatal care is also available.

### **YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: For Parents: Provides childcare for a fee, scholarships apply for those of low or inadequate incomes. Before and after school programs that resides in their schools. Provides programs that include: Summer Days, is an all-day program for children, at two different locations throughout the summer this is affordable with a discount for low income families that qualify. Family Services provides a free of charge program for junior high school girls; focusing on mentoring, education, and college opportunities. Summer Girls program, a small fee is required, for junior high girls which is a half day program that focuses on education, mentoring, and financial literacy. YPP is a program for young parents, ages 19 and under, that focuses on financial literacy, healthy parenting, purchasing items, and understanding supports. PASS is a program for parents between the ages of 19 and 30, it is free and provides childcare, transportation, and a meal; this program focuses on financial literacy and healthy parenting, college issues-including furthering education, and pushing independence. The multicultural program provides free English classes, ranging in level from beginner to engaging in conversations, childcare and transportation is available; a translator is also available for support in employment issues, case management. Other services provided are swim lessons, Taekwondo, ballet, ageing fitness classes, and knowing your numbers.



## Food Assistance & Pantries

### **Apostolic Pentecostal Church**

Address: 1645 Downing Ave., Waterloo, IA 50701

Phone: 319 234 2920

Website: [www.apcwaterloo.com](http://www.apcwaterloo.com)

Pantry: 1st & 3rd Wednesdays 5-6pm and by appointment

### **Black Hawk County Department of Human Services**

Address: 1407 Independence Ave, Waterloo, IA 50703

Phone: 319 291 2441 or 1 877 937 3663

Hours: Monday-Friday 8:00am-4:30pm

Website: <http://dhs.iowa.gov/food-assistance>

Description: Food Assistance & Family Investment Program (FIP).

### **Northeast Iowa Food Bank**

Address: 1605 Lafayette ST., Waterloo, IA 50704

Phone: 319 235 0507

Pantry Walk-Ins:

**Current Clients:** Make an appointment or come in during their time frame (2 weeks). Time frames change every month, PLEASE CALL if you do not know when your time frame is. Must have photo Identification at pick up.

Hours: Monday-Wednesday: 8:15-4:15pm Thursday: 10:15-2:30pm and 5:15-6:15pm and Friday: 8:15-11:15am

**Past/New Clients:** Clients that are new or have not received services in over 6 months are able to come in during these hours. Must have proof of Identification (photo ID) AND proof of address.

Hours: Monday-Wednesday: 12:30-4:15pm Thursday: 12:30-2:30pm and 5:15-6:15pm and Friday: 8:15-11:15am

### **Christian Fellowship Baptist Church Pantry**

Address: 930 W 4th St., Waterloo, IA 50702

Phone: 319 235 2018

Pantry: 3rd Wednesday of each month from 5-6:30pm

### **Countryside Vineyard**

Address: 3467 Lafayette Rd., Evansdale, IA 50707

Phone: 319 433 1368

Website: [www.countrysidevineyard.org](http://www.countrysidevineyard.org)

Pantry: Every other Saturday 10:30am-11:30am

### **First Assembly of God**

Address: 745 April St., Waterloo, IA 50701

Phone: 319 235 7729

Website: [www.celebrationfirstassembly.com](http://www.celebrationfirstassembly.com)

Pantry: By appointment



**Grace Baptist Church**

Address: 3820 Hammond Ave, Waterloo, IA 50702

Phone: 319 233 6196

Website: [www.gbcw.org](http://www.gbcw.org)

Pantry: By appointment

**Harvest Vineyard Church Pantry**

Address: 715 E 4th St., Waterloo, IA 50703

Phone: 319 287 5711

Website: [www.waterlooharvestvineyard.wordpress.com](http://www.waterlooharvestvineyard.wordpress.com)

Pantry: Call for availability.

**Jesse Cosby Neighborhood Center: Food Pantry & Voucher Program**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: By partnering with the Northeast Iowa Food Bank, The Jesse Cosby Neighborhood Center operates a small food pantry to assist individuals & families who are experiencing food insecurity. Also provides Farmers Market coupons. Senior meal program offers home delivered meals Monday through Friday.

**Nazareth Evangelical Lutheran Church**

Address: 7401 University Ave, Cedar Falls, IA 50613

Phone: 319 266 7589

Website: [www.nazarethlutheran.org](http://www.nazarethlutheran.org)

Pantry: Monday-Thursday, through Love Inc. Individuals and families must call Love Inc and make an appointment to pick up a food box between Monday and Thursday.

**Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319 291 2065

Hours: Monday-Thursday 8:00-5:30pm, Friday: 8:00am- Noon

Website: <http://www.operationthreshold.org/programs/blackhawk/wlc/>

Description: Women, Infants, and Children (WIC): Provides food assistance, nutrition education and referrals to pregnant and postpartum women, infants, and children up to age 5.

**Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Office Hours: Monday-Friday 9-5pm

Website: <http://www.svdpusa.org/>

Pantry: Monday-Friday 9-11:30pm

**The Salvation Army**

Address 89 Franklin St., Waterloo IA 50703

Phone: 319 235 9358

Office Hours: Monday-Friday 9-11am

Hours: Monday-Friday Noon-1pm

Pantry Giveaway: Volunteer run and donation based services. Supplies based on donations

Pantry Food Boxes: Must be referred from the Northeastern Iowa Food Bank. They must meet with a Case Manager at the Main Office between 9-11am Monday-Friday. Food Boxes are limited.

**St. Luke's Episcopal Pantry**

Address: 2410 Melrose Dr., Cedar Falls, IA 50613

Phone: 319 277 8520

Website: <http://stlukescf.org>

Pantry & Meal: 3rd Sunday of Month 5-6pm

**St. Patrick's of Cedar Falls**

Address: 705 Main St., Cedar Falls, IA 50613

Phone: 319 266 3523

Website: [www.saintpatrickcf.org](http://www.saintpatrickcf.org)

Hours: Monday 9-Noon Thursday 1-3pm

Pantry: By appointment. Emergency food boxes only. 1 box allowed per month for every 3 month period. Long term assistance is not provided.

**St. Timothy's Food Closet**

Address: 3220 Terrace Dr., Cedar Falls, IA 50613

Phone: 319 266 0464

Website: [www.sttims-umc.org](http://www.sttims-umc.org)

Pantry: 3rd Friday of the month by appointment. ID required.

**Trinity American Lutheran Church**

Address: 605 W. 4th St., Waterloo, IA 50702

Phone: 319 235 6269

Website: [www.trinitywaterloo.org](http://www.trinitywaterloo.org)

Meal: 2nd Wednesday of the month from 4:30-6pm

Pantry: Call or set up an appointment.

**Women, Infants, & Children (WIC)**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319 291 2065

Hours: Monday-Tuesday 8am-5:30pm

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

Description: Provides food assistance, nutrition education and referrals to pregnant and post-partum women, infants and children up to age 5 through Operation Threshold.

## Grief Services

### **Cedar Valley Hospice**

Address: 2001 Kimball Ave, Waterloo, IA 50702

Phone: 319 272 2002

Website: [www.cvhospice.org](http://www.cvhospice.org)

Description: Provides free services for all those that are experiencing loss of a loved one. Provides support for individuals and families. Group counseling is offered, support groups, education on grief, education for parents on addressing grief with their children/questions about death, and family meetings. Services include: Social support group, Grief retreat for youth, Grief for husbands, 8 Week Group, One-on-one support, and Survivors of Suicide-for individuals and families that have lost someone to suicide.

### **Compassus: Hospice, Palliative Care and In-Home Health**

Address: 7009 Nordic Dr. Suite 110, Cedar Falls, 50613

Phone: 319 429 7129 or 319 243 3644

Website: <https://compassus.com>

Description: Hospice services that include follow-ups with relatives of the deceased. Providing services for those coping with death and loss. Short term sessions provided for face-to-face visits, over the phone and questions about the process of death; group sessions are also available.

## Housing & Rent Assistance

### **Cedar Falls Housing Assistance**

Address: 220 Clay St., Cedar Falls, IA 50613

Phone: 319 273 8606

Website: [www.cedarfalls.com](http://www.cedarfalls.com)

Section 8 Housing Sign-up: Call for information

Description: Rent assistance payment and permanent housing for low income families or persons who are disabled and live in Cedar Falls.

### **Community Development - City of Waterloo**

Address: 620 Mulberry St., Waterloo, IA, 50703

Phone: 319 291 4429

Website: [www.cityofwaterlooia.com/communitydevelopment](http://www.cityofwaterlooia.com/communitydevelopment)

Description: The Down Payment Assistance Program: provides funds to help low income, first time home buyers purchase an affordable home within their means. Also helps with emergency repairs (roof, furnace).

### **Community Housing Initiative**

Address: 915 W. 4th St., Waterloo, IA 50702

Phone: 319 235 3000

Website: [www.chihousing.com](http://www.chihousing.com)

Description: Provides Assistance for those with a documented disability. Assistance is provided for SSI application for those that are homeless and have a documented disability. Permanent Housing Program- provides housing for those that are homeless, with a long-term, documented disability.

### **Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Monday-Thursday 9am-5p, Friday 9a-3p

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Rent & mortgage assistance (assisting and connecting low income individuals and families with the resources, institutions, and agencies that can best serve them).

### **Evansdale Municipal Housing Authority**

Address: 119 Morrell Court, Evansdale, IA 50707

Phone: 319 234 0385

Office Hours: Monday-Friday 8-5pm

Description: Public Housing is provided for families that work or live in Evansdale or Black Hawk County. All applications are done by appointments. Section 8: Rental assistance for low income persons in Evansdale.

### **House Christian Community Development: House of Hope**

Address: 306 Walnut St., Waterloo, IA 50703

Phone: 319 232 3823

Website: [www.houseofhopeccd.org](http://www.houseofhopeccd.org)

Description: Christian based two year transitional housing program for single mothers experiencing homelessness. Providing support and individualized case management to each of

the women to help them identify the steps necessary to achieve a safe, stable, and secure housing for themselves & their children.

**Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: VOCA Program assists victims of crime, with deposit, rental, and utilities assistance.

**Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Hours: Monday-Friday 9-5pm

Website: <http://www.svdpusa.org/>

Description: Assists low income clients with rent & mortgage payments.

**The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

Rent/Utilities Assistance: Monday-Friday from 9am-11am

Description: Provides financial assistance for those experiencing a crisis. After being placed on the waiting list, our Emergency Services Coordinator will call to schedule an appointment.

**Waterloo Housing**

Address: 620 Mulberry St., Waterloo, IA 50703

Phone: 319 233 0201

Hours: Monday-Friday 8am-5pm

Website: [www.ci.waterloo.ia.us/housingauthority](http://www.ci.waterloo.ia.us/housingauthority)

Section 8 Housing Sign-up: Thursdays only 8am-4:30pm

Description: Rent assistance payment and permanent housing for low income families or persons who are disabled and live in Waterloo.

## Immigrant and Refugee Services

### **EMBARC (Waterloo Office)**

Address: 220 East 4th St., Waterloo, IA 50703

Phone: 319 382 0954

Website: <http://www.embarciowa.org>

### **Lutheran Services in Iowa (LSI)**

Address: 904 West 4th St., Waterloo, IA 50702

Phone: 319 233 3579

Website: <http://lslowa.org>

Description: Provides a variety of services including: Behavioral Health Intervention Services, Community Programs, Early Childhood, Family Safety Risk and Permanency, Foster Care and Adoption, Mental Health Services, Pediatric Integrated Health, Refugee Community Services, Residential Treatment, and Services for People with disabilities.

### **YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: The multicultural program provides free English classes, ranging in level from beginner to engaging in conversations, childcare and transportation is available; a translator is also available for support in employment issues, case management.

## Legal Assistance

### **Iowa Legal Aid**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday-Friday 8am-4:30pm

Website: [www.iowalegalaid.org](http://www.iowalegalaid.org)

Description: Free legal assistance on civil legal issues involving basic necessities for low-income individuals. Assistance ranges from providing counsel and advice, to representation before various agencies and courts.

### **Jesse Cosby Neighborhood Center: People's Law Clinic**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: Offers legal consultation to low income individuals & families.

## Medical Care Assistance

### **Allen College Engagement & Salvation Army Partnership (ACE-SAP): Free Medical Clinic**

Address: 207 Logan Ave, Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

Hours: Call for schedule

Description: Assists with a complete health history, full physical (health checkup), medications necessary for treatment, cholesterol & blood sugar screening, health education & referral, and immunizations as recommended.

### **Black Hawk County Community Services**

Address: 1407 Independence Ave (2nd Floor), Waterloo, IA 50703

Phone: 319 291 2624

Hours: Monday-Friday 8-4:30pm

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

Description: Available for applicants in a disconnect situation. In considering payment of a utility bill, the applicant must have made a minimum of three payments or a reasonable effort during the moratorium towards the utility bill.

### **Black Hawk County Department of Human Services**

Address: 1407 Independence Ave, Waterloo, IA 50703

Phone: 319 291 2441

Hours: Monday-Friday 8am-4:30pm

Description: Medicaid (title 19) & Hawk-I

### **Nurses on Call**

Address: 3421 W 9th St., Waterloo, IA 50702

Phone: 319 272 8292

Description: Provides free over the phone support in addressing symptoms and advising non-emergency health concerns.

### **People's Community Health Clinic**

Address: 905 Franklin St., Waterloo, IA 50703

Phone: 319 272 4300

Website: [www.peoples-clinic.com](http://www.peoples-clinic.com)

Hours: Monday, Tuesday, & Fridays 8am-8pm

### **Planned Parenthood**

Address: 2520 Melrose Drive Suite L, Cedar Falls, IA 50613

Phone: 877 811 7526

Website: <https://www.plannedparenthood.org/health-center/iowa/cedar-falls/50613/cedar-falls-center-2866-90380>

Description: Provides family planning services that include: STI/STD checks for men and women, birth control information visits and all methods of family planning, referrals are given out for cancer screenings and mammograms, adult and children education classes on a variety of topics they are facing. Planned Parenthood also offers consultations for adults or families such as Safe Touch, sexual awareness, birth control, safe sex, and sex education.



**Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Hours: Monday-Friday 9-5pm

Website: <http://www.svdpusa.org/>

Description: Provides limited financial aid for prescription medications. Provides assistance for gas vouchers for medical appointments (such as to Iowa City or Rochester, MN).

**The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

All Purpose Assistance: Monday-Friday from 9am-11am

Description: Provides up to \$50 a year to help pay for prescriptions.

## Services for Special Needs & Deaf Community

### **Cedar Valley Community Support Services**

Address: 3121 Brockway Rd., Waterloo, IA 50701

Phone: 319 233 1288

Website: <http://www.cvcss.com/>

### **Exceptional Persons Inc (EPI)**

Address: 760 Ansborough Ave, Waterloo, IA 50704

Phone: 319 232 6671

Hours: 8am-5pm

Website: <http://www.episervice.org/>

Description: Provides a variety of options and services for those with special needs, including housing options.

### **Iowa Vocational Rehabilitation Services**

Address: 3420 University Suite D, Waterloo, IA 50701

Phone: 319 234 0319

Hours: Monday-Friday 8am-4:30pm

Description: Provides vocational services to individuals with disabilities and special needs.

### **Lutheran Services in Iowa (LSI)**

Address: 904 West 4th St., Waterloo, IA 50702

Phone: 319 233 3579

Website: <http://lslowa.org>

Description: Provides a variety of services including: Behavioral Health Intervention Services, Community Programs, Early Childhood, Family Safety Risk and Permanency, Foster Care and Adoption, Mental Health Services, Pediatric Integrated Health, Refugee Community Services, Residential Treatment, and Services for People with disabilities.

### **North Star Community Services**

Address: 3420 University Ave, Waterloo, IA 50701

Phone: 319 236 0901

Website: <http://northstarcs.org/main/page.asp?NavID=10>

Description: Provides day services for those that have special needs. Referrals are placed onto a waiting list, a health assessment and additional paperwork must be completed for approval.

### **Retrieving Freedom, Inc.**

Address: 1152 230th St., Waverly, IA 50677

Phone: 319 505 5949

Website: <http://www.retrievingfreedom.org/>

Description: Provides Service Dogs for those with a disability. There is an application process and requirements that must be met.

## Transportation Assistance

### **Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Monday-Friday 9am-5pm

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Transportation assistance (Assisting & connecting low income individuals/families with the resources, institutions, and agencies that can best serve them).

### **Eye of the Needle**

Address 522 Mulberry St., Waterloo, IA 50704

Hours: Monday, Wednesday-Friday: 9-4pm

Tuesday: 1:30-4pm

Description: Provides Bus Passes for those that qualify.

### **Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: Provides those in need with transportation assistance.

### **Love INC of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613

Phone: 319 266 1264

Clearing House Hours: Monday, Wednesday, Friday 9am-12pm

Website: <http://loveinccv.org>

Description: Connecting those in the community to agencies, churches and resources to help meet their needs (food, clothing, transportation help, etc.).

### **Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Hours: Monday-Friday 9-5pm

Website: <http://www.svdpusa.org/>

Description: Provides assistance for gas vouchers for medical appointments (such as to Iowa City or Rochester, MN)

### **The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

All-Purpose Assistance: Monday-Friday from 9am-11am

Description: Provides financial assistance for gas vouchers for medical appointments.

## Utilities & Energy Assistance

### **Black Hawk County Community Services**

Address: 1407 Independence Ave (2nd Floor), Waterloo, IA 50703

Phone: 319 291 2624

Hours: Monday-Friday 8-4:30pm

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

Description: Available for applicants in a disconnect situation. In considering payment of a utility bill, the applicant must have made a minimum of three payments or a reasonable effort during the moratorium towards the utility bill.

### **Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Monday-Thursday 9am-5p, Friday 9a-3p

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Utilities assistance (assisting and connecting low income individuals and families with the resources, institution, and agencies that can best serve them).

### **Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319 234 1793

Hours: Monday- Friday 8-4:30pm

Website: [www.jessecosby.org](http://www.jessecosby.org)

Description: Provides financial assistance for those in need of utility assistance

### **Love INC of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613

Phone: 319 266 1264

Clearing House Hours: Monday, Wednesday, Friday 9am-12pm

Website: <http://loveinccv.org>

Description: Connecting those in the community to agencies, churches and resources to help meet their needs (food, clothing, transportation help, etc.).

### **Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319 291 2065

Hours: Monday-Thursday 8:00am-5:30pm

Friday: 8:00 am- Noon

Website: <http://www.operationthreshold.org/programs/blackhawk/wlc/>

Description: Supplements the high cost of winter heating for low-income households and provides emergency furnace repairs or replacement for income qualifying homeowners.

### **Saint Vincent de Paul Society**

Address: 320 Broadway Ave, Waterloo, IA 50703

Phone: 319 232 3366

Hours: Monday-Friday 9-5pm

Website: <http://www.svdpusa.org/>

Description: Provides utility assistance for those in need or those experiencing a crisis..

**The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.sawaterloo.org](http://www.sawaterloo.org)

Rent/Utilities Assistance: Monday-Friday from 9am-11am

Description: Provides financial assistance for those experiencing a crisis. After being placed on the waiting list, our Emergency Services Coordinator will call to schedule an appointment.

## Veterans Affairs

### **Black Hawk County Veterans Affairs Department**

Address: 1407 Independence Ave (1st Floor), Waterloo, IA 50703

Phone: 319 291 2512

Hours: Monday-Friday 8-4:30pm

Website: [www.co.black-hawk.ia.us/depts.veterans.html](http://www.co.black-hawk.ia.us/depts.veterans.html)

Description: Assistance with food, shelter, utilities, dental, eyeglasses, medication, telephone, burial, clothing/furniture, education, home repairs, medical, and transportation.

### **HACAP**

Phone: 319 270 7160

Description: Provides low-income households work to sustain current housing and utilities.

Programs for homeless households provide housing and resources to transition people from a homeless economic condition to self-sufficiency.

### **Iowa Works**

Address: 3420 University Ave, Waterloo, IA 50701

Phone: 319 235 2123

Description: Assists veterans with the process of getting a job. Providing one-on-one support that connects veterans and transitioning service members to career opportunities.

## V.I.T.A. (Volunteer Income Tax Assistance)

### **Eastside Ministerial Alliance**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319 235 5580

Hours: Call for hours

Website: [www.emacenter.org](http://www.emacenter.org)

Description: Assists low-income individuals/families with tax preparation services free of charge. The goal of the program is to help families receive all of their tax refunds and build assets.

### **Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319 291 2065

Hours: Monday-Thursday 8:00am-5:30pm

Friday: Call for hours

Website: <http://www.operationthreshold.org>

Description: This service is provided from late January through early March. Tax forms are prepared for free by trained volunteers for low-income families.

### **Retired & Senior Volunteer Program**

Address: 2101 Kimball Ave. Suite 121, Waterloo, IA 50702

Phone: 319 272 2250

Website: [www.rsvpserves.com](http://www.rsvpserves.com)

Hours: Call RSVP for specific information on hours of operation per location and/or to schedule an appointment.

Description: Trained RSVP volunteers provide tax preparation assistance for low-moderate incomes during tax season.

### **The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

Hours: Call for hours

Description: Services to assist seniors and low-income families in preparing their tax returns. Services include property tax forms and rent reimbursements.

## Other Assistance

### **Amerigroup Community Resource Link**

Phone: 1 800 600 4441

Website: <https://www.amerigroup.com/>

### **Black Hawk County Extension Services**

Address: 3420 University Ave Suite B, Waterloo, IA 50701

Phone: 319 234 6811

Description: Informational service about household issues; such as bedbugs, gardening, tree issues, foundation questions.

### **Love INC. of the Cedar Valley**

Address: 4807 University Ave Suite 202, Cedar Falls, IA 50613

Phone: 319 266 1264

Clearing House Hours: Monday, Wednesday, Friday 9am-12pm

Website: <http://loveinccv.org>

Description: Connecting those in the community to agencies, churches, and resources to help meet their needs (food, clothing, transportation help, etc.).

### **National Suicide Prevention Lifeline**

Phone: 1 800 273 8255

Website: <http://suicidepreventionlifeline.org>

### **The Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319 235 9358

All Purpose Assistance: Monday-Friday from 9am-11am

Description: Provides financial assistance for those trying to obtain or renew their ID, purchase eyeglasses, gas voucher for medical appointments, clothing vouchers, and limited houseware item vouchers.

### **United Way 211**

Phone: 1 866 469 2211 (toll-free) or 319 739 4211 (from a cell or pay phone)

Description: United Way 211 is a free, confidential service that connects individuals/families to community resources and the services they need.

### **YWCA**

Address: 425 Lafayette St., Waterloo, IA 50703

Phone: 319 234 7589

Description: For Parents: Provides childcare for a fee, scholarships apply for those of low or inadequate incomes. Before and after school programs that resides in their schools. Provides programs that include: Summer Days, is an all-day program for children, at two different locations throughout the summer this is affordable with a discount for low income families that qualify. Family Services provides a free of charge program for junior high school girls; focusing on mentoring, education, and college opportunities. Summer Girls program, a small fee is required, for junior high girls which is a half day program that focuses on education, mentoring, and financial literacy. YPP is a program for young parents, ages 19 and under, that focuses on financial literacy, healthy parenting, purchasing items, and understanding supports. PASS is a



program for parents between the ages of 19 and 30, it is free and provides childcare, transportation, and a meal; this program focuses on financial literacy and healthy parenting, college issues-including furthering education, and pushing independence. The multicultural program provides free English classes, ranging in level from beginner to engaging in conversations, childcare and transportation is available; a translator is also available for support in employment issues, case management. Other services provided are swim lessons, Taekwondo, ballet, ageing fitness classes, and knowing your numbers.