

IT IS TIME: Iowa's Children's System

Children's Mental Health and Well-being Advisory Committee

Presentation to the HHS Budget Subcommittee
February 28, 2018

Artwork submitted by Destiny Davis, Age 14 from Floris, IA

Introduction

- Iowa has no point of responsibility or dedicated funding for a coordinated children's mental health and well-being system.
- Mental health and disability regions and their levy are not required to manage or fund services for children under the age of 18.
- As a result, children with mental health and other challenges have been served by cobbling together disconnected services, resources and knowledge.

Background

- In 2015 and 2016 the Children's Mental Health & Well-being (CMHWB) Workgroup was convened to provide support and recommendations for a children's service system in Iowa.

<https://dhs.iowa.gov/mhds-advisory-groups/childrens-mental-health-well-being-workgroup>

- The Workgroup consisted of a variety of providers, advocates, policymakers, and stakeholders to ensure a cross-system approach.

Previous Results

- This Workgroup proposed first testing some key elements of a Children's System
- The Legislature supported, and the Workgroup has overseen, the implementation of the first elements of a state-wide Children's System:
 - 2 Crisis Intervention pilots in 2016
 - 2 Well-Being Learning labs in 2016
 - 3 Children's Well-Being Collaboratives in 2017

Previous Recommendations

- The Workgroup also developed recommendations for a broader plan regarding children's core mental health and well-being services.
- As a result of these efforts and recommendations, the Legislature (2017 HF 653) called for the creation of a children's mental health and well-being advisory committee to continue efforts relating to:
 - children's mental health crisis services,
 - children's well-being learning labs,
 - supporting the children's well-being collaboratives, and
 - proposing the design of a statewide Children's System

It is Time

- Building upon the previous results and recommendations, the 2017 Children's Mental Health and Well-being Advisory Committee has developed a proposal to create a state-wide Children's System in Iowa to better address mental health and well-being.
- The Committee has recently prepared a white paper regarding the Children's System, that expands on this presentation: <http://dhs.iowa.gov/mhds-advisory-groups/childrens-mental-health-well-being-workgroup>

Committee Findings

The Children's System must provide services and supports:

- To children with a full array of needs - from those that are at-risk to those with complex needs - and their families
- So that children and their families have equitable access to quality mental health and well-being services in all areas of the state
- In order that they experience recovery and build resiliency to successfully live with their families and in their community, experience educational growth, and become successful adults

Committee Conclusions

The state-wide children's system must use a cross-systems approach that:

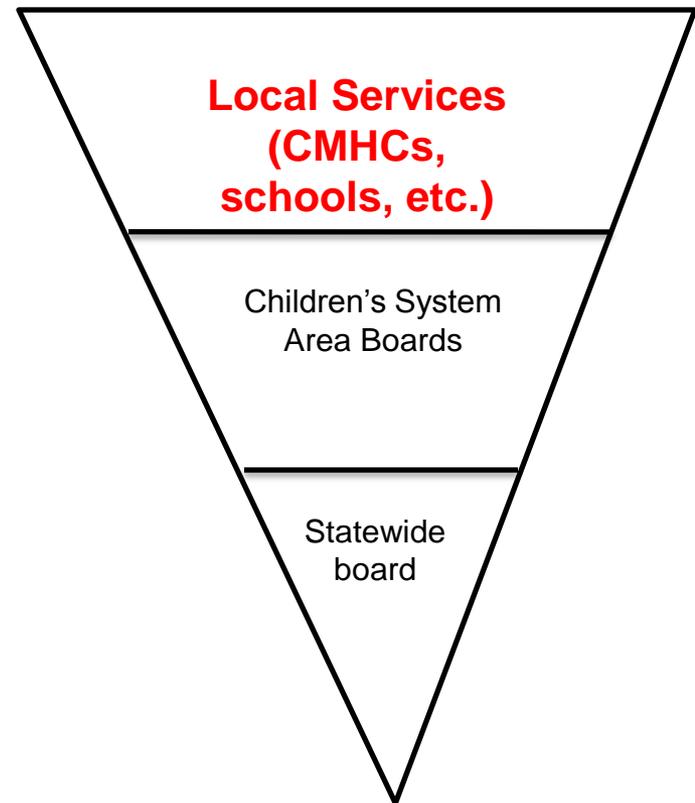
- Does more than just treating child's mental health symptoms, by providing for broader well-being of the child and family that addresses education, health care, employment and basic needs (food, housing, transportation, etc.)-
- Effectively and efficiently coordinates services, and entities intentionally collaborate in their joint efforts
- Assures resources from multiple sources, state agencies, and partners are used effectively and efficiently

Committee Recommendations:

- Iowa's Children's System must have:
 - ✓ Local Delivery of Services – A set of locally provided and required core cross-system mental health and well-being services and supports for children with a range of needs from at-risk to those in severe crisis
 - ✓ Area Leadership – A local "driver group" that helps coordinate, build intentional collaboration, and advocates for services and resources that improve measured outcomes for children and families
 - ✓ Statewide Standards – State level support, guidance, monitoring, and accountability for the local Children's System

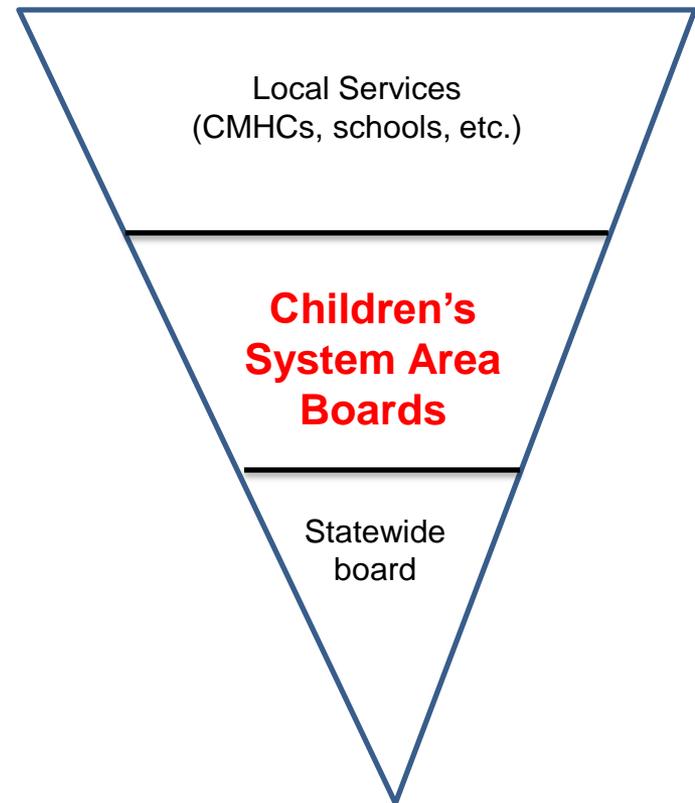
Local Delivery of Services: Assure Access to the Full Array of Local Services and Supports

- Expand Children's Well-being Collaboratives statewide
- Create a local plan and timeline to implement the full array of core cross-system children's mental health and well-being services and supports
- Increase the availability of core cross-system services and supports by mapping what exists and identifying gaps in mental health and well-being services, against the local plan
- Identify and braid funding and other resources needed to fill the gaps to fully implement the plan.



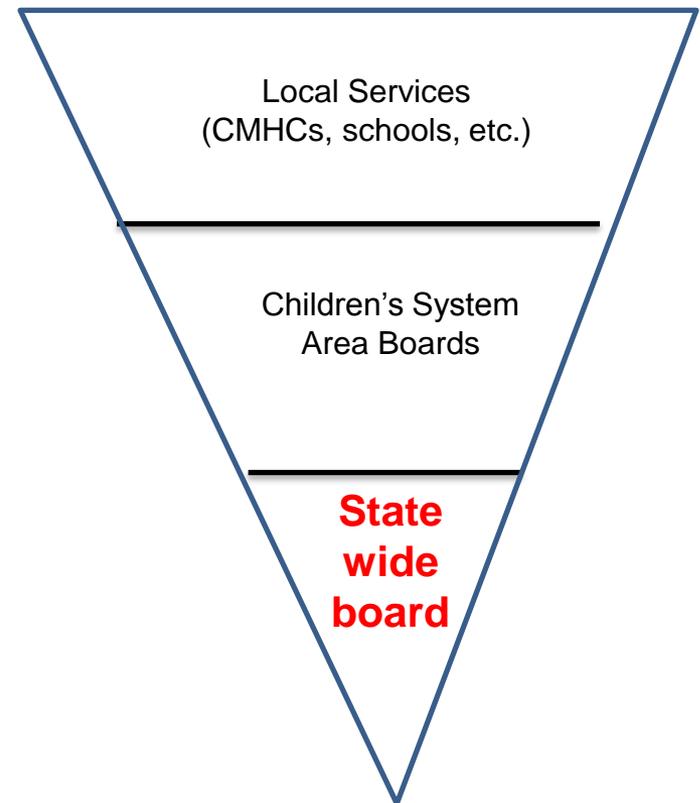
Area Leadership: Build Cross-system Coordination, Collaboration, and Advocacy

- Require shared cross-organizational system coordination, intentional collaboration, and advocacy.
- Determine efficiencies across funding, data collection/analytics, and reporting between state and local organizations to fill gaps
- Report annually on the progress and effectiveness of the Children's System in improving children's mental health and well-being in Iowa.
- Create Children's System Area Boards to guide, direct and oversee the local work



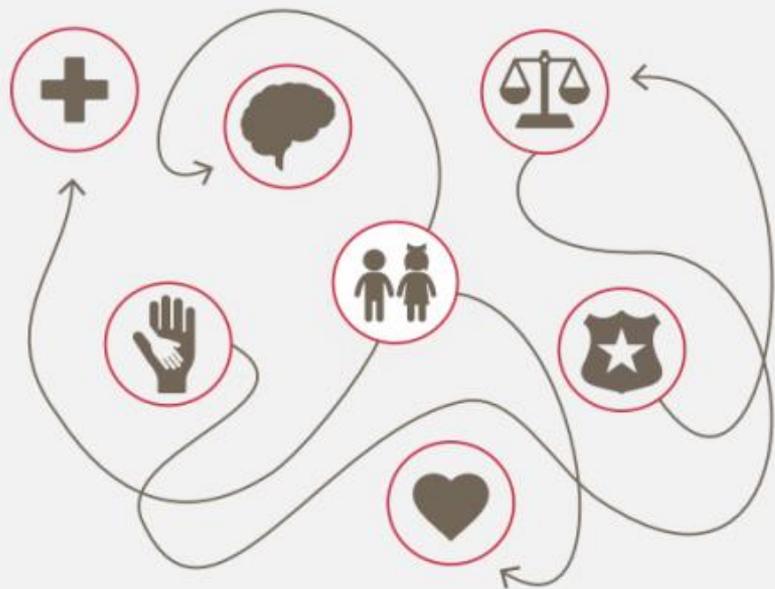
Statewide Standards: Structure, Quality, Effectiveness, & Accountability

- Establish statewide standards, expectations and measures of effectiveness for core cross-system mental health and well-being services and the workforce;
- Provide support and guidance for effective cross-system collaboration, professional development and coordination of services and supports, including methods to combine funding streams to improve efficiency (“Braided Funding”)
- Create a Children’s System State Board comprised of leaders from key state agencies and representatives from parents, providers and citizens, to direct and assess the results statewide.
- Establish the state board to promote a vision for the Children's System; oversee local and area efforts, have decision-making authority and be responsible for strategic planning to support the system

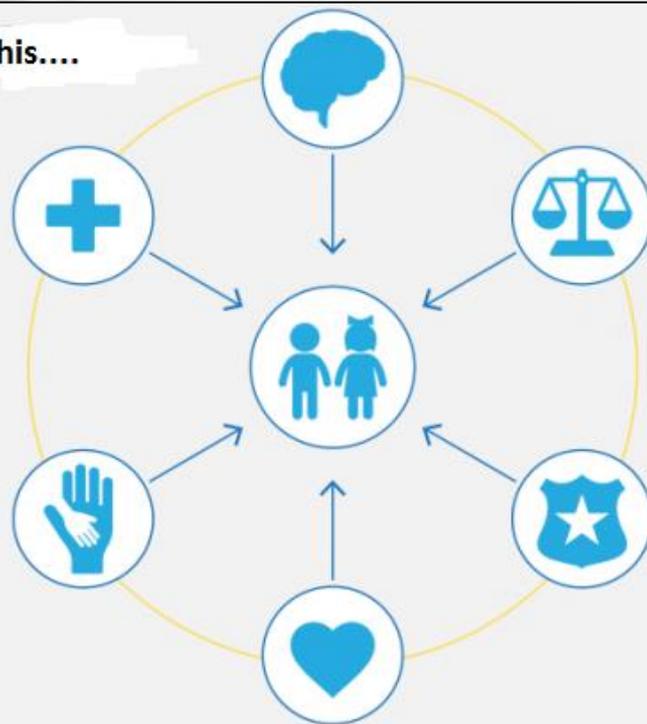


It is Time for Iowa's Children's System

From this...



To this....



Artwork submitted by an anonymous teenager from Iowa City

2018 Request

- Building the full Children's System will take several years
- This year, it will be important to:
 1. establish legislative support in policy for the Children's System design
 2. support and maintain existing local services
 3. continue and expand children's collaboratives - \$300,000 to \$600,000
 4. establish statewide board – \$80,000 to \$100,000
- Next year, the Children's System is scheduled to:
 - establish area boards
 - begin coordination, collaboration, and monitoring local services
 - start identify and begin filling service gaps