

## **Al-Anon Family Groups & Alateen Meeting Schedule**

District 4: Black Hawk, Grundy, Butler, Bremer, Floyd,  
Chickasaw, Mitchell & Howard Counties  
Local Al-Anon Hotline, Answered 24 hours  
319-291-3660

iowa-al-anon.org (Iowa), al-anon.org (worldwide information)

Al-Anon Family Groups & Alateen:

- Is open to anyone who feels his or her life has been or is being affected by close contact with a problem drinker.
- Has but one purpose: to help families and friends of compulsive drinkers.
- Is not affiliated with any religion.
- Is anonymous – anonymity is the cornerstone of the Al-Anon program. What is said in meetings and member to member must be held in confidence.
- Is entirely self-supporting through the members' own contributions.
- Is based on the suggested Twelve Steps of Alcoholics Anonymous.

### Notes

*Concurrent AA* - Concurrent Alcoholics Anonymous meeting meets in another room at this time and location

*AFG* – Al-Anon Family Group (all are Al-Anon Family Groups welcome to anyone who has been affected by another's drinking; some groups choose to put this acronym in their names)

*All meetings are one hour, and all are handicapped accessible*

### **SATURDAY**

9:00am **Cedar Falls: Literature Study**  
St. John Lutheran Church  
715 College St., West Entrance, then go  
downstairs  
*Concurrent AA*

8:30pm Cedar Falls: Miner School II  
2513 Center St.  
*Concurrent AA*

### **SUNDAY**

7:00pm **Waterloo: Newcomers**  
Mercy One Medical Center  
3421 W. 9th St., 1st floor, Room 3 (to the  
left when you come to the desk on 1st  
floor then down the hall towards the  
chapel, room 3)  
*Concurrent AA*

7:00pm **Waterloo: Alateen**  
Mercy One Medical Center  
3421 W. 9th St., 1st floor, Room 1 (go to  
room 3 first though – see above)  
*Concurrent AA*

8:00pm **New Hartford: Rainbow AFG**  
New Hartford Library  
406 Packwaukee St.  
*Concurrent AA*

## MONDAY

**6:30pm Cedar Falls: Serenity Seekers  
Step Study**

Cedar Heights Presbyterian Church  
2015 Rainbow Dr.  
Downstairs, then on right  
*Concurrent AA*

**7:00pm Cedar Falls: Al-Anon AFG**  
St. Timothy's United Methodist Church  
3220 Terrace Dr.

## TUESDAY

**10:00am Waterloo: Morning Glory**  
First Congregational Church  
608 W. 4th St.

**7:00pm Grundy Center: Holland AFG**  
Orchard Hill Church  
1800 G. Ave.  
Meeting located in Prayer Room  
*Concurrent AA*

**7:00pm Waterloo: Friendship Group**  
Kimball Ridge Center  
2101 Kimball Ave., Room 1

**8:00pm Charles City: Hope House**  
805 Wisconsin St.  
*Concurrent AA*

## WEDNESDAY

**7:00pm Independence: Downtown AFG**  
St. James Episcopal Church  
202 2nd Ave. NE  
*Concurrent AA*

## THURSDAY

**7:30pm Evansdale: Evansdale AFG**  
St. Mark's Methodist Church  
610 Evans Rd.  
*Concurrent AA*

## FRIDAY

**Noon Waterloo: Free to Be me**  
Westminster Presbyterian Church  
1301 Kimball Avenue  
Use front door